

Are you a teenager with
depression or bipolar disorder?
Feeling isolated or misunderstood?
You're not alone.



The Living Room is a free support group that focuses on issues unique to teens with mood disorders. The group provides a safe and supportive environment to share experiences with other teens.

First Thursday of each month*

7:30 to 9:00 p.m.

UT Southwestern Medical Center

5323 Harry Hines Blvd
Dallas, Texas 75390
Building D, Room D1.502

Facilitator: Annie Walley, LCSW,
Children's Medical Center

Fourth Thursday of each month*

7:30 to 9:00 p.m.

Methodist Richardson Medical Center

403 W. Campbell Rd.
Richardson, Texas 75080
Physician's Pavilion entrance

Facilitator: Priya Singhvi, MS in
Counseling candidate, SMU

Free Pizza!

*A group for parents and family members meets at the same time. Sponsored by the Depression and Bipolar Support Alliance (DBSA) of Dallas in collaboration with I AM H·E·R·E Coalition. To learn more, visit www.dbsa-dallas.net.



Interested in coming to the support groups?

Contact Annie Walley at 214-456-2416 or Carol King at 972-709-5464 in advance so you don't get lost! See maps on back.



First Thursday of each month*

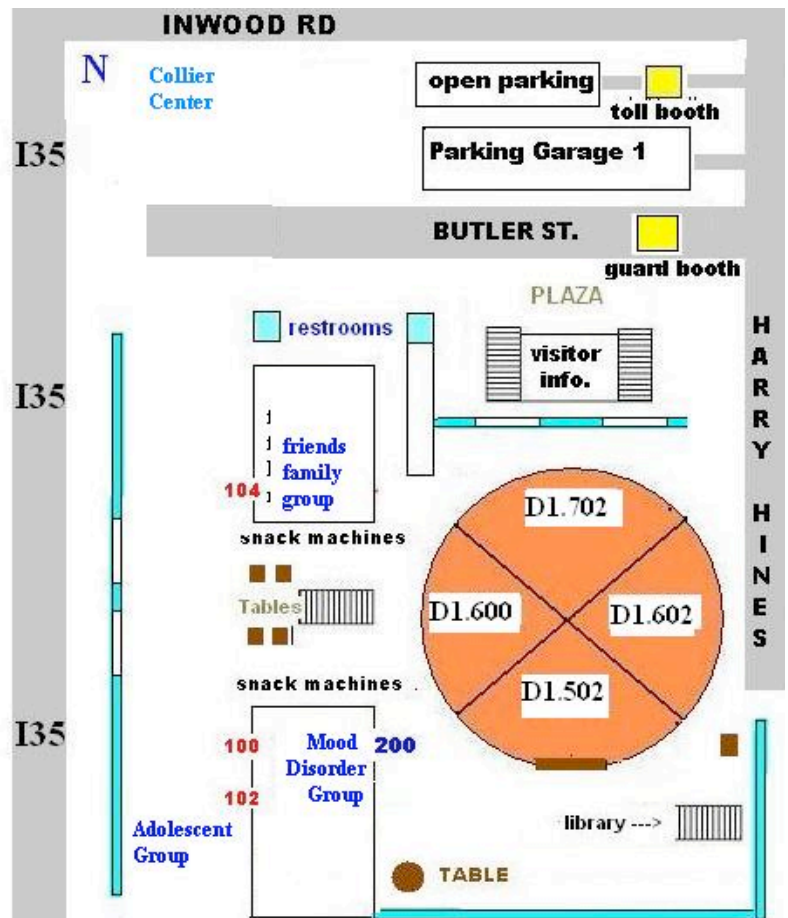
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Enter UTSW at Butler St., off of Harry Hines Blvd.

Take the first left into the 5-story Parking Garage 1. Parking is free after 6:00 p.m.

Walk downhill across the plaza and down the stairs on either side of the Visitors Information Center.

Go through the glass doors into Bldg D. Take a right and follow the curved wall around to room 200. Take another right and enter the room.



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