



**“In my many years of treating patients, I am often stymied with regard to mental health. Thanks to this group’s work, for the first time, I have an effective tool to use and resources that I trust.”**

**–Dallas pediatrician**

## ABOUT

**I AM H·E·R·E** is the only coalition in North Texas focused solely on teen and young adult mental health. Launched by the Grant Halliburton Foundation in 2009, the coalition brings together key sectors of the community to work on strengthening the network of mental health services for teens, young adults and their families. Participants include representatives from more than 55 organizations, including mental health providers, social services, schools, consumers, law enforcement and juvenile justice authorities, and other stakeholders in the mental health of our youth.

The coalition meets eight times per year to work on the issues of **Help, Education, Resources** and **Encouragement**. Each team focuses on initiatives and programs in these key areas to give parents, professionals and teens the tools, information and resources they need.

## I AM H·E·R·E TEAMS

**I AM H·E·R·E** is organized into four working teams—Help, Education, Resources and Encouragement. Here are some of the programs currently in development:

**HELP** | Providing pediatricians with screening tools and resources that facilitate the integration of mental health care with physical care. By incorporating mental health checkups into well-child visits, behavioral health issues can be identified and treated earlier, ensuring a greater likelihood of recovery.

**EDUCATION** | Providing training in the prevention of suicide and bullying to persons who work with youth, both inside and outside of the school setting. This group is also working to increase awareness of adolescent mental health issues and reduce stigma through contests and public service campaigns.

**RESOURCES** | Developing H·E·R·E for You, a website that will offer information, education and an extensive databank of local mental health resources for professionals, parents and teens.

**ENCOURAGEMENT** | Developing peer-to-peer support groups to help teens and young adults find the support and encouragement they need while living with depression, bipolar disorder and other conditions.

Anyone is welcome to participate in the coalition. For more information, contact Diana Weaver at [DWeaver@GrantHalliburton.org](mailto:DWeaver@GrantHalliburton.org) or (972) 744-9798.

## PARTICIPATING ORGANIZATIONS

Anthem Strong Families	Genesis Women’s Shelter	National Alliance on Mental Illness (NAMI)—	Texas Counseling Association
Aspen Education Group	Girls Living Life On Purpose	both Dallas and Texas chapters	Texas Department of State Health Services
Brighter Tomorrows	Grant Halliburton Foundation	North Texas Behavioral Health Authority	Texas Health Resources / Presbyterian Plano
Bully Suicide Project	Green Oaks Behavioral Health Hospital	North Texas Society of Psychiatric Physicians	Seay Behavioral Health Center
C.A.R.E., Park Cities YMCA	Healthcare Committee of Collin County	Our Friends Place	Texas STAR / NORTHSTAR /
Carrollton Police Department	Hickory Trail Hospital	Phoenix House / Feinberg Academy	Texas Health Steps
Casa Shelter—The Salvation Army	Holmes Street Foundation	Plano ISD	The Family Place
CCD Counseling	Housing Crisis Center	Practical Parent Education	University Behavioral Health—
Child and Family Guidance Centers	Injury Prevention Center	Providence of Texas	Denton and Carrollton
Children’s Medical Center	Jewish Family Service	Public Defender’s Office, Mental Health	University of North Texas
Communities Foundation of Texas	Kim Humphries & Associates	Division	University of Texas Southwestern
Communities in Schools	Laurel Ridge Treatment Center	Rainbow Days	Medical Center
CONTACT Crisis Line	Lewisville ISD	Region 10 Education Service Center	U.S. Department of Education, Office of
Dallas County Juvenile Detention Center	LifeNet Community Behavioral Healthcare	Renfrew Center	Civil Rights
Dallas County Juvenile Services	Lifeworks Counseling	Salvation Army DFW Metroplex Command	Value Options NORTHSTAR
Dallas ISD	McKinney ISD/Serenity High School	Sierra Tucson	Via Hope Texas
Dallas Police Department	Mental Health America of Greater Dallas	Suicide and Crisis Center	West Counseling
Depression Bipolar Support Alliance	Metrocare Services	Taylor Hooton Foundation	YMCA CASA Shelter
of Dallas	Nancy Shosid, M.D.	Terrell State Hospital	Youth Villages

I AM H·E·R·E is an initiative of the Grant Halliburton Foundation. For more information, visit [www.IAmHereCoalition.org](http://www.IAmHereCoalition.org).  
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